

FIVE-STAR ARTISTIC SPORTS & ENTERTAINMENT ACADEMY

CHEERLEADING CLASS SCHEDULE 2012

(Revised Friday January 23, 2012)

Time/Day	MON	TUES	WED	THURS	FRI
5:00 - 6:00 pm	Beginner Level I	Beginner Level I	Beginner Level I	Beginner Level I	Performance Team WISH Beginner 4-8 yrs old
5:00 - 6:30 pm					Performance Team IMAGINE Intermediate 7-12 yrs old
6:00 - 7:00 pm	Intermediate Level II	Intermediate Level II	Intermediate Level II	Intermediate Level II	
7:00 - 8:00 pm	Advanced Level III Tumbling Drop-In \$10		Advanced Level III Tumbling Drop-In \$10		
7:00 - 8:30 pm		Advanced Level III		Advanced Level III	
8:00 - 9:00 pm	Beginner Tumbling Drop-In \$10		Beginner Tumbling Drop-In \$10		
9:15 -10:45 pm		Adult Open Tumbling 15 & up (Drop In) \$10.00 per class			

FIVE-STAR ARTISTIC SPORTS & ENTERTAINMENT ACADEMY
RESERVES THE RIGHT TO CANCEL, COMBINE OR RESCHEDULE CLASSES.

SEE REVERSE SIDE FOR CLASS DESCRIPTIONS

MAKE-UP POLICY

- There are no make-up classes except if **Five-Star is closed**.
- **Classes missed due to student absence or undocumented illness will be forfeited.**
- In the event of class closures, students must make-up their classes **within a 2-week period**.
- There will be no other make-ups allowed.
- In the case of long-term illness, please contact the office and arrangements will be made.
- **Carry-over** classes from one semester to another are **not permitted**.

No refunds will be given.

Please call 516-887-6600 to schedule a make-up class.

A pass is required from the front desk prior to entering class.

TUITION FEES

ALL STUDENTS must pay a
Non-Refundable Registration/Insurance Fee
of \$25 per Fall, Spring, Summer semester.

Class	Fall (19 wks)	Spring (19 wks)
Beginner Level I	\$456	\$456
Intermediate Level II	\$456	\$456
Advanced Level III	\$494	\$494
WISH Performance		\$456
IMAGINE Performance		\$494
Open Tumbling 10 yrs+	\$456	\$456
Adult Open (15+)	\$10.00 per class	
Drop-In	\$10.00 per class	
Class Card (11 Classes)	\$100.00	

A Completed Registration Contract and Liability
Waiver are required for placement into class.

FIVE-STAR ARTISTIC SPORTS & ENTERTAINMENT ACADEMY

21 Ryder Place, East Rockaway, NY 11518 Tel: 516 887 6600 Fax: 516 887 6635

CHEERLEADING PROGRAM 2011-2012

Welcome to Five-Star's Cheerleading program, designed to provide quality instruction for beginners through to advanced competitors. Each class is developmentally appropriate and follows a curriculum aimed at building confidence and competence in a supportive and professional environment. Classes are grouped according to ability and we monitor our student-staff ratio of 10:1

PROGRAM DESCRIPTIONS

The Five-Star Cheer program offers several types of classes to fit your child's needs for any level of cheerleading. If you have never had any experience, if you want to cheer on a recreational league team, junior high or high school team, All-star competition team, or preparing for college....we have a class for you!!

Beginner Level I:

Skills Covered: Forward & Backward Rolls, Handstands, Cartwheels, Round Offs, Dive Rolls, Front & Back Walkovers

Intermediate Level II:

Skills Covered: Standing Back Handsprings, Round Off Back Handsprings, Back Walk Over Back Handsprings, Side Aerials, Front Handsprings & Various Combination Series.

Advanced Level III:

Skills Covered: Back Handspring Back Tucks, Arabians, Layouts, Full Twists, Double Full Twists, & Advanced Level Combination Series.

WISH Performance Team: (Formerly known as "Fundamentals For Cheer") – Fridays – 5:00-6:00pm

Skills Covered: All aspects of Cheer including – Stunting, Motions, Jumps, Dance, & Basic Tumbling. In addition, this group will perform in local community events.

IMAGINE Performance Team: (Formerly known as "Fundamentals For Cheer") – Fridays – 5:00-6:30pm

Skills Covered: All aspects of Cheer including – Stunting, Motions, Jumps, Dance, & Basic Tumbling. In addition, this group will perform in local community events.

Open Tumbling: 10 yrs+

Skills Covered: Back Handspring Back Tucks, Arabians, Layouts, Full Twists, Double Full Twists, & Advanced Level Combination Series.

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OUR FACILITIES

Five-Star Academy is one of the largest facilities of its type on the South Shore. Occupying over **20,000 Sq. Ft.**, we offer:

- 2 Full 40' x 40' Spring/Foam Floors
- Full Size Competitive 7'x14' Floor-Level Trampoline
- 50' Tumble Track/Trampoline
- 400 Cu. Sq. Ft. Loose Foam/Resi Pit
- AA1 Spring Balance Beams
- Uneven Bars, High Bar, Parallel Bars
- Still Rings, Pommel Horse
- 2 AAI Vaulting Tables
- 2 mirrored Dance Studios.
- Exclusive Rock Climbing Tread Wall